



### Hasland Winter Menu - Week 1

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Cold option	Fruit juice, grapefruit, stewed or dried fruits, selection of cereals or porridge, toast & preserves, tea or coffee						
	Hot option	Choice of egg, tomatoes, bacon, sausage						
<b>Mid Morning</b>		Choice of hot & cold beverages, cake or biscuits plus a selection of prepared fresh fruit						
<b>Main Meal</b>	Dish of the Day	Egg	Beef & Vegetable Pie	Baked Gammon	Chicken Casserole	Smoked Haddock	Toad in the Hole	Roast Beef & Yorkshire Pudding
	Alternative Choice	Corned Beef Hash	Chicken	Jacket Potato	Fish Cakes	Meat Pie	Pasty	White Fish
	Potato	Chips	Croquette	Sliced with Onion	Sauté	Boiled	Creamed	Mash & Roast
	Vegetables	Baked Beans	Cabbage, Peas	Carrots, Green Beans	Cauliflower, Broccoli	Swede, Peas	Cabbage, Green Beans	Carrots, Cauliflower
	Sauces	Gravy						
	Pudding of the Day	Chocolate Sponge & White Sauce	Rice Pudding & Jam	Apricot Crumble & Cream	Lemon Tart & Custard	Eves Pudding & Vanilla Sauce	Semolina & Jam	Trifle
	Alternative Choice	Choice of yoghurt, ice-cream, fruit						
	Beverages	Tea, water or squash						
<b>Afternoon</b>		Choice of hot & cold beverages, cake or biscuits plus a selection of prepared fresh fruit						
<b>Light Meal</b>	Main Choice	Toasted Teacakes	Homemade Soup	Beans on Toast	Crumpets	Quiche	Jacket Potato	Homemade Soup
	Alternative Choice	Soup & Sandwiches						
<b>Sweet Item</b>	Main Choice	Peach Delight	Sultana Buns	Jelly & Ice-cream	Coffee Cake	Cheesecake	Assorted Tarts	Mandarin Oranges & Cream
	Alternative Choice	Choice of cake, fruit, ice-cream, yoghurt						
	Beverages	Tea or coffee						
<b>Supper</b>		Selection of hot & cold beverages including milky drinks, cakes, biscuits or toast						



### Hasland Winter Menu - Week 2

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Cold option	Fruit juice, grapefruit, stewed or dried fruits, selection of cereals or porridge, toast and preserves, tea or coffee						
	Hot option	Choice of egg, tomatoes, bacon, sausage						
<b>Mid Morning</b>		Choice of hot & cold Beverages, cake or biscuits plus a selection of prepared fresh fruit						
<b>Main Meal</b>	Dish of the Day	Pork Casserole	Cottage Pie	Poached Salmon	Braised Steak	Salmon	Corned Beef Hash	Roast Pork & Sage and Onion Stuffing
	Alternative Choice	Cheese Pie	Fish Fingers	Sausages	Vegetable Pie	Omelets	Chicken	Jacket Potato
	Potato	Creamed		Sauté	Creamed	Cheesy		Roast & Mash
	Vegetables	Parsnip, Broccoli	Green Beans, Carrots	Peas, Cabbage	Swede, Cauliflower	Broccoli, Peas	Baked Beans	Carrots, Parsnips
	Sauces	Gravy						
	Pudding of the Day	Bakewell Tart & Custard	Bread & Butter Pudding & Cream	Stewed Pears & Chocolate Sauce	Ginger Sponge & White Sauce	Blackberry Crumble & Cream	Rice Pudding	Mincemeat Tart & Cream
	Alternative Choice	Choice of yoghurt, ice-cream, fruit						
	Beverages	Tea, water or squash						
<b>Afternoon</b>		Choice of hot & cold beverages, cake or biscuits plus a selection of prepared fresh fruit						
<b>Light Meal</b>	Main Choice	Chip Butties	Cheese on Toast	Salmon Salad	Homemade Soup	Mushrooms on Toast	Homemade Soup	Homemade Soup
	Alternative Choice	Soup & Sandwiches						
<b>Sweet Item</b>	Main Choice	Fruit Fool	Assorted Buns	Arctic Roll	Fruit Jelly	Lemon Crunch	Banana Loaf	Scones, Jam & Cream
	Alternative Choice	Choice of cake, fruit, ice-cream, yoghurt						
	Beverages	Tea or coffee						
<b>Supper</b>		Selection of hot and cold beverages including milky drinks, cakes, biscuits or toast						

**Hasland Winter Menu - Week 3**

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Cold option	Fruit juice, grapefruit, stewed or dried fruits, selection of cereals or porridge, toast and preserves, tea or coffee						
	Hot option	Choice of egg, tomatoes, bacon, sausage						
<b>Mid Morning</b>		Choice of hot & cold Beverages, cake or biscuits plus a selection of prepared fresh fruit						
<b>Main Meal</b>	Dish of the Day	Sausages	Meat & Potato Pie	Roast Breast of Turkey	Fishcakes	Minced Beef Hotpot	Chicken	Baked Gammon
	Alternative Choice	Gammon	White Fish	Pasty	Corned Beef Hash	Turkey & Ham Pie	Sausage Rolls	Turkey
	Potato	Creamed		Sliced & Onion	Boiled		Chips	Roast & Mash
	Vegetables	Mixed Veg	Swede, Green Beans	Broccoli	Carrots, Peas	Cabbage, Green Beans	Mushy Peas	Carrots, Parsnips
	Sauces	Gravy			Parsley	Gravy		
	Pudding of the Day	Sponge & Lemon Sauce	Banana Custard	Trifle	Strawberry Pie & Cream	Semolina & Jam	Apple Pie & Cream	Fruit & Evaporated Milk
	Alternative Choice	Choice of yoghurt, ice-cream & fruit						
	Beverages	Tea, water or squash						
<b>Afternoon</b>		Choice of hot and cold beverages, cake or biscuits plus a selection of prepared fresh fruit						
<b>Light Meal</b>	Main Choice	Sardines on Toast	Jacket Potato	Homemade Soup	Toasted Teacakes	Homemade Soup	Crumpets	Salmon Salad
	Alternative Choice	Soup & Sandwiches						
<b>Sweet Item</b>	Main Choice	Egg Custard	Almond Slices	Assorted Tarts	Jelly & Ice-cream	Sponge Cake	Fruit Delight	Fruitcake
	Alternative Choice	Choice of cake, fruit, ice-cream, yoghurt						
	Beverages	Tea or Coffee						
<b>Supper</b>		Selection of hot & cold beverages including milky drinks, cakes, biscuits or toast						



### Hasland Winter Menu - Week 4

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Cold option	Fruit juice, grapefruit, stewed or dried fruits, selection of cereals or porridge, toast and preserves, tea or coffee						
	Hot option	Choice of egg, tomatoes, bacon, sausage						
<b>Mid Morning</b>		Choice of hot & cold Beverages, cake or biscuits plus a selection of prepared fresh fruit						
<b>Main Meal</b>	Dish of the Day	Cheese Pie	Liver & Onions	Beef Casserole	Pork & Apple Steaks	White Fish Fillets	Minced Beef Pie	Roast Chicken Breast
	Alternative Choice	Meat Casserole	Sausages	Fishcake		Chicken	Gammon	Quiche
	Potato	Croquette	Creamed	Boiled	Sauté	Creamed	Chips	Roast & Mash
	Vegetables	Peas, Cauliflower	Swede, Green Beans	Broccoli, Carrots	Parsnip, Cabbage	Cauliflower, Green Beans	Mushy or Garden Peas	Carrots, Sprouts
	Sauces	Cheese	Gravy			Parsley	Gravy	
	Pudding of the Day	Rice Pudding	Jam Roly Poly & Custard	Syrup Tart & Custard	Pineapple Sponge & Cream	Stewed Pears & Chocolate Sauce	Sultana Sponge & Vanilla Sauce	Blackberry Crumble & Cream
	Alternative Choice	Choice of yoghurt, ice-cream, fruit						
	Beverages	Tea, water or squash						
<b>Afternoon</b>		Choice of hot & cold beverages, cake or biscuits plus a selection of prepared fresh fruit						
<b>Light Meal</b>	Main Choice	Homemade Soup	Chip Butties	Mushrooms on Toast	Homemade Soup	Sausage Rolls	Cheese on Toast	Homemade Soup
	Alternative Choice	Soup & Sandwiches						
<b>Sweet Item</b>	Main Choice	Fruit Flan	Jelly Delight	Banana Custard	Jelly & Evaporated Milk	Cake	Arctic Roll	Cake
	Alternative Choice	Choice of cake, fruit, ice-cream, yoghurt						
	Beverages	Tea or coffee						
<b>Supper</b>		Selection of hot & cold beverages including milky drinks, cakes, biscuits or toast						